

# The Energy Regatta 2008

Saturday and Sunday, September 27-28, 2008

MIT Sailing Pavilion, 134 Memorial Drive (Bldg. #51), Cambridge MA 02139

## SAILING INSTRUCTIONS

### **1. Rules.**

1.1 The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing 2005-2008, the Prescriptions of US Sailing, and the ICSA Procedural Rules 2005-2008 for the Conduct of Races and the Class Rules of the Collegiate Dinghy.

1.2 The MITNA Tech Dinghy Guidelines and Code of Conduct for the Total Regatta (see Attachment A) will apply.

1.3 In the event of a conflict between the Notice of Race and these Sailing Instructions, the S.I.s shall take precedence.

### **2. Notice to competitors**

Notices to competitors will be posted on the bulletin board located between the two locker rooms.

### **3. Changes to sailing instructions**

Changes to the sailing instructions may be made at any time, except that any change to the schedule of races will be posted by 9am on September 22<sup>nd</sup>, 2007. If a change is made while racing is underway, attention to changes (which will be posted) will be made by verbal hail to the competitors during the next boat rotation. The change will then apply only to subsequent races.

### **4. Signals made ashore**

The lowering of the MITNA burgee from the flagpole, combined with multiple horn or whistle signals and/or the illumination of the exterior lights, is a signal for all competitors to return to the dock for special instructions.

### **5. Signals made on the water**

ICSA Procedural Rule 18 shall be used.

A synopsis is as follows: the Race Committee will use verbal hails instead of flag signals except that the X Flag in conjunction with hails shall be used to signal boats that may be OCS. This modifies rules 26, 27.1, 27.3, 29.2, 29.3, 30.1, 30.2, 30.3, 32.1, 32.2, 33 and 34. Flag signals may be used to supplement the verbal

hails, in which event the meaning of the flag signals shall be consistent with the racing rules of sailing.

## **6. Schedules of Races**

6.1 Racing will be held on September 27-28, 2008.

6.2 The Competitors Briefing will be at 0900 each day.

6.3 Races will be held back-to-back so as to provide opportunity for the maximum number of races. A lunch break, and/or a delay due to wind or weather conditions may be provided at any time at the discretion of the race committee.

6.4 The scheduled time of the warning signal for the first race each day is 10am.

6.5 On the last day of the regatta no warning signal will be made after 15:00.

## **7. Boat rotation/byes**

A boat rotation will be posted on the official notice board. The rotation may be changed or amended at any point during the regatta. A competitor may be required to sail the same boat multiple times during the regatta. It is the responsibility of the competitors to check the posted rotation to be sure they are taking the proper boat.

If a competitor has BYE listed in the boat column of the rotation sheet for any given race, that competitor shall not participate in that race.

## **8. Racing areas**

The racing area will be the lower Charles River Basin.

## **9. The courses**

9.1 The race committee will announce the course options that they intend to use at the skipper's meeting. A diagram of the course options will be posted on the notice board. The course diagrams will show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

The course to be sailed will be announced verbally by the race committee.

The same course designation will remain in effect for successive races until a new course instruction is issued by the race committee.

9.2 A gate may be used in lieu of a single leeward mark. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.

9.3 An offset mark may be added at any windward mark. The offset mark shall be rounded in the same sense (either to port or to starboard) as the windward mark, and must be rounded after first rounding the windward mark.

9.4 Courses will not be shortened. This changes rules 32.1 and 32.2. Races may still be abandoned.

## **10. Marks**

All marks will be colored balls. Turning marks will be red or pink unless otherwise specified. Starting line marks will be red or pink unless otherwise specified. Finish line marks will be white unless otherwise specified.

## **11. The Start**

11.1 Races will be started using US Sailing Appendix Q. A horn or whistle will be used to give time signals as follows:

3 long signals at 3 minutes followed by  
2 long signals at 2 minutes followed by  
1 long 3 short at 1.5 minutes followed by  
1 long at 1 minute followed by  
3 short at 30 seconds followed by  
2 short at 20 seconds followed by  
1 short at 10 seconds followed by  
1 short at 5 seconds followed by  
1 short at 4 seconds followed by  
1 short at 3 seconds followed by  
1 short at 2 seconds followed by  
1 short at 1 second followed by  
1 long signal at Start

This modifies Rule 26.

11.2 The starting line will be between a staff on the race committee boat and the port end starting mark.

11.3 A boat later than two minutes after her starting signal will be scored Did Not Start. This changes rule A4.1.

## **12. Change of position of the next mark**

To change the position of the next mark, the race committee will move the original mark (or the finishing line) to a new position. No mark shall be moved while a boat is on a leg which it terminates.

## **13. The Finish**

The finishing line will be between two finishing marks. At the discretion of the race committee, one finishing mark may be replaced by a race committee boat, in which event, the finishing line will be between a staff on the race committee boat and the opposite end (of the finishing line) finishing mark.

## **14. Time Limits**

14.1 There is no set time limit for the first place boat. A race may be abandoned at the discretion of the race committee. The next starting signal will be for a re-sail of the abandoned race with respect to the boat assignments made by the Rotation sheet.

14.2 Boats failing to finish within five minutes after the first boat sails the

course and finishes will be scored Did Not Finish. This changes rules 35 and A4.1.

14.3 The race committee may instruct a competitor to return to the starting line, or return to the dock for boat rotation prior to completion of the course and prior to the elapse of the time limit if in the opinion of the race committee the competitor's position has been clearly established.

## **15. Protests and Requests for Redress**

15.1 Protest forms are available at the front desk. The intent to protest shall be recorded with the finish boat, and a protest form should be started and turned in to race management in the Sailing Master's office at the conclusion of the current set of races and before starting the next set of races (during rotation). A completed protest form must be filed within the protest time limit.

15.2 The protest time limit is 15 minutes after the last boat has finished the last race of the day. The same protest time limit applies to all protests by the race committee and to requests for redress. This changes rules 61.3 and 62.2. The race committee may request that protests be filed ahead of the time limit if the opportunity to advance the protest hearings occurs.

15.3 Notices will be posted within 5 minutes of the protest time limit to inform competitors of the time, place, and order in which the protests will be heard.

15.4 On the last day of the regatta a request for reopening a hearing shall be delivered:

- (a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
- (b) No later than 10 minutes after the party requesting reopening was informed of the decision on that day.

This changes rule 66.

15.5 Competitors are responsible for having their own copy of the racing rules. The Race Committee and MITNA and its staff will not provide rulebooks to competitors.

## **16. Jury**

The jury will be selected by the organizing committee.

## **17. Scoring**

17.1 The Low Point scoring system of Appendix A of the RRS will apply.

17.2 Three races are required to constitute a series.

17.3 (a) When fewer than 10 races have been completed, a competitor's series score will be the total of her race scores. The race score for a BYE will be the average score of all other races.

(b) When 10 or more races have been completed, a competitor's series score will be the total of her race scores excluding the competitor's worst score. The race score for a BYE will be the average score of all other races

with the exclusion of the competitor's worst score.

17.4 A competitor who arrives after their start of their first scheduled race of the day shall be scored DNS for the rest of that day.

## **18. Safety Regulations**

18.1 A competitor that retires from racing shall notify the race committee as soon as possible. If it is not possible to notify the race committee on the water, the competitor shall return to the dock promptly and notify race management in the Sailing Master's office immediately.

18.2 A competitor who either takes a DNS or who retires for the rest of the day is responsible for taking care of their assigned boat for the rest of the day unless told otherwise by the Race Committee.

## **19. Prizes**

Prizes will be offered to the top three teams at the discretion of the sponsors.

## **20. Disclaimer of Liability**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

# ATTACHMENT A

## MITNA TECH DINGHY GUIDELINES AND CODE OF CONDUCT FOR THE TOTAL RACE

### AUTHORITY OF THE MITNA STAFF

The MITNA staff has authority over all participants in the Total Regatta. Competitors are obliged to respect any instructions given to them by the staff and race committee and shall treat the staff with courtesy. Failure to respond to the reasonable requests of the staff may result in expulsion from the competition.

### DECORUM

Competitors shall not excessively complain, swear nor have temper tantrums.

### TREATMENT OF THE TECH DINGHIES

Competitors should at all times treat the Tech Dinghies with care and respect and not behave in any manner that could cause damage in situations that are not governed by the Racing Rules of Sailing, including at the dock, moorings or any other part of the sailing pavilion.

The maximum number of persons on a Tech Dinghy will be two (2), including the skipper.

The rigging and equipment of the Tech Dinghy shall not be modified in any way from the condition in which they were provided except as follows:

- a. Existing lines may be used to implement a system to hold the boom out while on a free leg of the course.
- b. Tell-tales may be added to the sail or standing rigging. Tell-tales shall only be removed prior to your use of the boat. Tell-tales may not be removed once you have completed the last race with that boat in the current rotation. Any equipment on any boat that appears to be non-standard or defective should be called to the attention of the staff.

When boats are left at the moorings, please ensure that the mooring line is securely tied on the bow cleat, that the cover is properly placed, that the sails are furled and that the tiller is restrained by the bungee cord.